Information

Hours:
Monday – Friday
9:00 am – 4:00 pm

Address:
#205 – 5680 Ash Street
Vancouver, BC
V5Z 3G7

Telephone:
604-263-1833

Website:
www.oakridgeseniorscentre.com

Email:
coordinatoroakridgeseniors@gmail.com

Get Involved

Do you have a special talent? Are you a performer? Donate an hour of your time to work in the office, entertain our members, teach a workshop or give a presentation. Don't have time to volunteer – consider sponsoring a program or making a donation.

There are so many ways you could help.

Membership

All memberships reset January 1, 2027

Please update your information and pay your fees at the reception desk.

Individual: $35.00/year
Couples: $60.00/year



Birthday Celebration



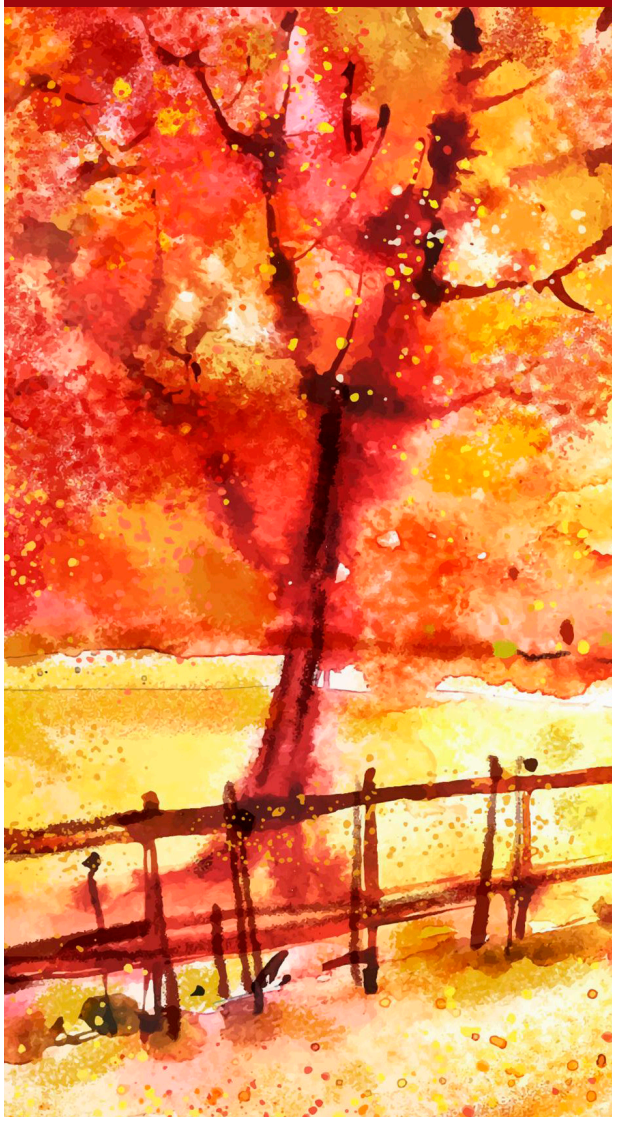
Thursday, November 26th
1:30 – 2:30 pm

Celebrate November Birthdays with cake and refreshments.

Register your birthday or sign up on the reception desk bulletin board.

Oakridge Seniors' Centre
a great place to be...

November 2026





Groups & Clubs

Ukulele Circle
Bring your ukulele and favourite music for an hour of fun.

Monday 10:30 am – 11:30 am

Knitting
Want to learn to knit or crochet? Already know how and want to get your projects finished? Join our social knitters group!

Wednesday 9:30 – 11:30 am

Sing – A – Long
This fun group meets twice a month. All types of music is sung and shared. Come sing along with us!

Thursday 1:00 – 3:00 pm
November 5th & 19th

Please Register in advance for Programming

Many classes and events require a minimum number of participants or require special equipment that may need to be purchased. Thank you for your support!

Classes

Fun & Fitness
Stay active, get in shape and improve your health.

Tuesday & Thursday 11:30 am – 12:30 pm
November 3rd to December 17th

$42 for 1 day a week
$84 for 2 days a week
$9 drop-in

Line Dancing
Kick up your heels and show off your dance moves.

Wednesday 1:00 – 2:30 pm

$6 members
$8 non–members

Zumba
Easy to follow choreography focused on balance, range of motion and coordination.

Friday 10:00 – 11:00 am

$5 members
$7 non–members

Belly Dancing
Gently exercise your hips with a fun, low-impact workout.

Friday 1:30 – 2:30 pm

$40 for 8 classes
$7 drop-in





Cards & Games

Scrabble
Enjoy this classic word game in a fun social setting while polishing up on your spelling and vocabulary.

Monday 1:00 – 3:00 pm

Free for members

Beginners Bridge
Join our friendly group of players! Everyone is welcome.

Tuesday & Friday 10:00 am – Noon

$10 month
$3 drop–in

No Cash Bingo
Test your luck with a friendly game of chance. Prizes for the winners!

Tuesday 1:00 – 3:00 pm
November 3rd & 17th

Free for members.

Mahjong
Join us to play this tile-based game that was developed in 19th century China.

Friday 1:00 – 3:30 pm

$10 month
$3 drop-in