

Information

Hours:

Monday – Friday
9:00 am – 4:00 pm

Address:

#205 – 5680 Ash Street
Vancouver, BC
V5Z 3G7

Telephone:

604-263-1833

Website:

www.oakridgeseniorscentre.com

Email:

coordinatoroakridgeseniors@gmail.com

Get Involved

Do you have a special talent? Are you a performer? Donate an hour of your time to work in the office, entertain our members, teach a workshop or give a presentation. Don't have time to volunteer – consider sponsoring a program or making a donation.

There are so many ways you could help.

Membership

**All memberships reset
January 1, 2026**

Please update your information and pay your fees at the reception desk.

Individual: \$35.00/year

Couples: \$60.00/year

Birthday Celebrations



**Thursday, October 29th
1:30 – 2:30 pm**

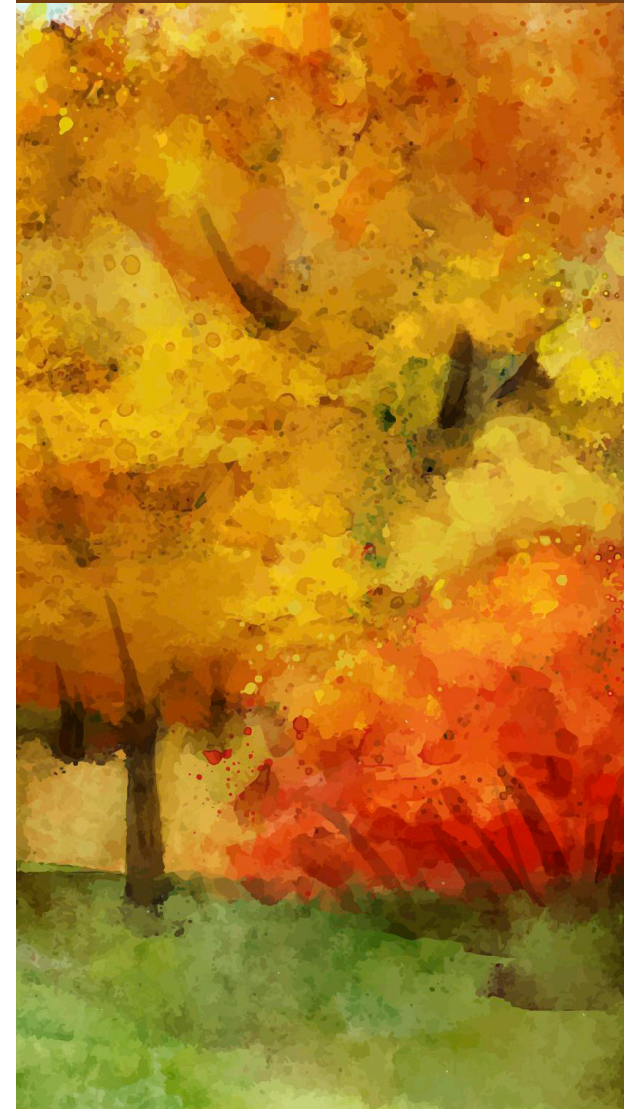
Celebrate October Birthdays and Halloween with tricks and treats.

Register your birthday or sign up on the reception desk bulletin board.



**Oakridge
Seniors' Centre**
a great place to be...

October 2026





Groups & Clubs

Ukulele Circle

Bring your ukulele and favourite music for an hour of fun.

Monday 10:30 am – 11:30 am

Knitting

Want to learn to knit or crochet? Already know how and want to get your projects finished? Join our social knitters group!

Wednesday 9:30 – 11:30 am

Sing – A – Long

This fun group meets twice a month. All types of music is sung and shared. Come sing along with us!

Thursday 1:00 – 3:00 pm

October 1st & 15th

Please Register in advance for Programming

Many classes and events require a minimum number of participants or require special equipment that may need to be purchased. Thank you for your support!

Classes

Fun & Fitness

Stay active, get in shape and improve your health.

Tuesday & Thursday 11:30 am – 12:30 pm
September 8th to October 29th

\$48 for 1 day a week

\$96 for 2 days a week

\$9 drop-in

Line Dancing

Kick up your heels and show off your dance moves.

Wednesday 1:00 – 2:30 pm

\$6 members

\$8 non-members

Zumba

Easy to follow choreography focused on balance, range of motion and coordination.

Friday 10:00 – 11:00 am

\$5 members

\$7 non-members

Belly Dancing

Gently exercise your hips with a fun, low-impact workout.

Friday 1:30 – 2:30 pm

\$40 for 8 classes

\$7 drop-in



Cards & Games

Scrabble

Enjoy this classic word game in a fun social setting while polishing up on your spelling and vocabulary.

Monday 1:00 – 3:00 pm

Free for members

Beginners Bridge

Join our friendly group of players! Everyone is welcome.

Tuesday & Friday 10:00 am – Noon

\$10 month

\$3 drop-in

No Cash Bingo

Test your luck with a friendly game of chance. Prizes for the winners!

Tuesday 1:00 – 3:00 pm

October 6th & 20th

Free for members.

Mahjong

Join us to play this tile-based game that was developed in 19th century China.

Friday 1:00 – 3:30 pm

\$10 month

\$3 drop-in